

# ACASIANA

## MONTHLY E-NEWSLETTER

VOLUME.7 ISSUE.4

February 2025



**AL SHIFA COLLEGE OF  
ARTS & SCIENCE**

Run By Shifa Medicare Trust & Affiliated to University of Calicut

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## **An Eventful New Year at ACAS**

The students, staff and the Principal of ACAS deserve heartfelt appreciation for the commendable effort in organizing an international conference that reflects its commitment to academic excellence and global engagement. The month of January 2025 has been truly fruitful in the college in terms of its faculty development activities, student-scaffolding initiatives, women empowerment, service for the neighbouring community and more. These events stand as a testament to the College's pursuit of academic distinction and its role in shaping well-rounded, globally aware individuals. Let us look forward to more fruitful activities on this note in the coming days...

**Dr. P. Unneen**  
Managing Trustee  
Shifa Medicare Trust



# Principal's Message

Dear Students and Faculty,

As we stepped into 2025 with renewed enthusiasm and determination, January has been a month of new beginnings, academic pursuits, and collaborative growth.

This month, we successfully hosted the International Conference on “Revolutionising Higher Education: AI-Driven Policies, Practices, and Partnerships” bringing together scholars and experts from around the world. The discussions sparked innovative ideas, paving the way for the future of education.

My students actively participated in various community outreach programs, showcasing their commitment to academic excellence and social responsibility. The Student Council took the lead in organizing engaging events, fostering leadership and teamwork.

As we progress through the second semester of this academic year, I encourage everyone to make the most of the opportunities ahead and contribute to the vibrant academic environment of our college.

Wishing you all a successful and fulfilling year ahead.

**Dr. Kamaludheen. K. T**

LLB, MA (Eng), MA (PA), M.Ed, M.Phil, NET, PhD, PDF  
Principal, ACAS



## New Year Celebrations by Staff Club



The Staff Club of Al Shifa College of Arts and Science ushered in the New Year with a festive gift exchange programme and cake cutting ceremony on 01 January 2025. Dr. Kamaludheen. K. T, Principal, ACAS, emphasized the significance of instilling values in students and the pivotal role teachers play in guiding the younger generation. Mr. Nahas Abdul Rassaque, Manager, Placements and Relations, ACAS, also shared his thoughts on the occasion. The gift exchange programme fostered a sense of camaraderie and enthusiasm among staff members, strengthening their bonds and promoting a spirit of unity.



## Bridge Courses Offered



Bridge Course is a preparatory course helping the students to bridge the gap to a course of higher academic level. ACAS offers Bridge Courses in each semester to scaffold the students to new academic standards. In the Even Semester, the Dept. of English offered a Bridge Course on Literary Criticism to the students of Fourth Semester B. A. English. The Dept. of Nutrition & Dietetics offered one titled Bridge Course on Food Science to their students of Second Semester.

## Paper Presentation by Ms. Febina

Ms. Febeena. K, Asst. Professor, Department of Malayalam, presented a paper titled "Migration and Identity: Navigating Displacement and Selfhood" at the MESMAC International Conference, organised by MES Mampad College on 7 January 2025. The paper analysed the themes of migration and identity through Malayalam cinema, with a specific focus on the films Pathemaari and Adujeevitham. It highlighted how these movies depict the psychological and cultural impacts of displacement, exploring the struggles and adaptations of migrants. The study delved into the narrative and visual techniques employed in these films to portray the migrant experience, emphasizing cinema's role in reflecting societal transformations.



## Presentation on Mentee House Visit



A presentation on Mentees' House Visit was organised by the Students' Mentorship Cell on 3 January 2024. The event was attended by Dr. P. Unneen, Managing Trustee of Shifa Medicare Trust (SMT), Dr. Kamaludheen. K. T, Principal of ACAS, Mr. Pilakkal Hamza, CEO of SMT, Mr. Mohammed Faizal, Manager of ACP, Mr. Nahas Abdul Rassaque, Manager of Placement and Relations at ACAS, Mr. Nizam, Manager of SIMS and Mr. Aadhil Abdul Rassaque. The presentations were delivered by Ms. Rajashree, Asst. Professor of Commerce; Mr. Irshad. A, Asst. Professor of Computer Science, Ms. Renjitha. K. R, Asst. Professor and Head of the Dept. of English, Ms. Radhika. A, Asst. Professor of English, and Ms. Jushaini. P, Asst. Professor of English. During the session, the presenters shared the experiences and outcomes of the mentees' house visits. The insights gained were thoughtfully discussed, with a focus on identifying and exploring additional initiatives that could be implemented to enhance the impact of the mentorship program.



## Certificate Distribution for Manjeri FM Yuvavani Program Participants



Dr. P. Unneen, Managing Trustee, Shifa Medicare Trust, distributed certificates to the students who participated in the Manjeri FM Yuvavani program, on 3 January 2025. The occasion was graced by Mr. Pilakkal Hamza, CEO of SMT, Dr. Kamaludheen. K. T, Principal of ACAS, Mr. Nahas Abdul Rassaque, Manager of Placement and Relations at ACAS, Mr. Nizam, Manager of SIMS, and Mr. Aadhil Abdul Rassaque. The Yuvavani recording was held on 28 October 2024 at Manjeri FM station, which was coordinated by Ms. Nasila Jasmin, Asst. Professor of English. The recording was part of Minor 1- English for Radio Jockeying and Anchoring for the First Semester FYUGP students provided by the Department of English. The program was aired on 2nd and 9th of November.

## Orientation Program for NSS Newbies



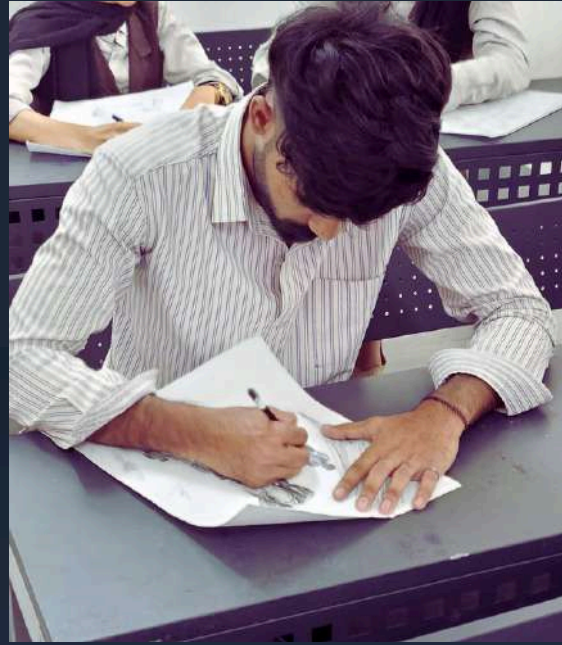
The National Service Scheme (NSS) Unit of Al Shifa College of Arts and Science organized an Orientation Programme for newly enrolled NSS Volunteers on 04 January 2024. The session aimed to introduce the core values, objectives, and responsibilities of NSS to the newly enrolled volunteers, fostering a sense of commitment towards community service and social responsibility. The orientation session was led by Mr. Muhammed Noufal, District Coordinator, Malappuram, National Service Scheme, University of Calicut. In his engaging and informative address, Mr. Noufal emphasized the significance of NSS in shaping responsible citizens and highlighted the role of volunteers in contributing to nation-building. He shared inspiring anecdotes and practical insights into community engagement, volunteerism, and leadership development, motivating the students to actively participate in NSS activities.

**Reported by Ms. Fathima Najma**  
Second Semester BBA





## Arts Programs at ACAS



The fine arts programme of Al Shifa College of Arts and Science, 'Waves 2025', was kicked off on 7 January 2025. The off-stage competitions were held in the seminar hall and conference room, featuring an exciting array of events. These included essay writing competitions in Malayalam, Arabic, English, and Hindi, as well as quiz, debate, and speech competitions in English and Malayalam. The events had enthusiastic participation from students, who showcased their talents and skills in various areas.



## Magazine Committee Meeting



A meeting of the magazine committee was convened on 8 January 2025. The session was graced by the presence of key management representatives Mr. Pilakkal Hamza, CEO of SMT, and Mr. Nahas Abdul Rassaque, Manager of Placement and Relations and Dr. Kamaludheen. K. T, Principal, ACAS. Also in attendance were Ms. Jushaini. P, Chief Staff Editor, Mr. Nimesh. N, Staff Editor, along with the editorial board members and student representatives. The meeting commenced with the Principal's address, emphasizing the importance of the magazine as a reflection of the institution's creativity and intellectual spirit. Mr. Pilakkal Hamza and Mr. Nahas Abdul Rassaque provided significant suggestions to enhance the quality of the magazine. All attendees gained a comprehensive understanding of the tasks and responsibilities involved and the meeting concluded with a collective commitment to collaboration and creativity.

## Farewell to Mr. Suhaib



The Staff Club ACAS organised a farewell party to Mr. Suhaib. P, Asst. Professor, Dept. of Commerce and IQAC Coordinator, ACAS on 9 January 2025. Dr. Kamaludheen. K. T, Principal, and other faculty members spoke on the occasion. The commendable contributions made by Mr. Suhaib during his tenure of three years at ACAS was remembered in the speeches. Dr. Kamaludheen. K. T, Principal, ACAS, handed over a memento as a token of love to him.



## Parent Education Program & PTA Meeting



The Parent Education Program for the parents of First-Year students at ACAS was conducted on 9 January 2025, under the guidance of Dr. Kamaludheen. K. T, Principal, ACAS. The session provided valuable insights into effective parenting strategies to support the academic and personal development of their wards. Following the session, a PTA Executive Committee was formed, with representatives from the parents of the First-Year students. After this, the Class PTA Meeting commenced, where the First Semester University examination results, academic performance, and other relevant matters were discussed. Teachers shared their observations, and parents provided valuable suggestions. The event underscored the collaborative efforts needed to ensure the holistic development of students and was highly appreciated by the attendees.



## English for Professional Growth



The Department of English, ACAS, organised a session titled "English for Professional Growth" on 10 January 2025, featuring Dr. R. Amudha, Head and Associate Professor of English at Providence College for Women (Autonomous), Coonoor, as the resource person. The interactive session catered to the students of the Department of English, providing valuable insights on the significance of English language skills in professional development. The event was a resounding success, demonstrating the Department's commitment to enhancing students' employability skills and preparing them for future challenges. Dr. Amudha's expertise greatly benefited the students.

### **A Session on Flipping the Class**

The Department of English, ACAS, conducted an activity-oriented session, "Inverted Classes: A Session on Flipped Classroom", for selected students of the Department of English from Providence College for Women (Autonomous), Coonoor, on 10 January 2025. Led by Ms. Saritha. K, Vice Principal, ACAS, and Ms. Radhika. A, Asst. Professor of English, the interactive session immersed students in hands-on activities that showcased the effectiveness of flipped classrooms. Through engaging exercises and group discussions, students experienced firsthand the benefits of this innovative teaching approach, fostering a deeper understanding of its applications and potential.

## The Art of Using the Right Words



The Department of English, ACAS, hosted a thought-provoking session titled "The Art of Using the Right Words" on 10 January 2025. Dr. C. Josephine Gladys, Assistant Professor of English at Providence College for Women (Autonomous), Coonoor, shared her expertise with the students of the Department of English. The session focused on the importance of effective communication and the strategic use of language. Dr. Gladys' engaging presentation and interactive approach made the session highly beneficial for the students, who gained valuable insights into the art of using the right words in various contexts. This initiative helped enhance the students' communication skills considerably.

Reported by **Ms. Fathima Sherin**  
Second Semester B. A. English

## Book Review by Ms. Adarsh



Al Shifa College of Arts and Science's Department of English welcomed Ms. Adarsh. M, a Research Scholar from Providence College (Autonomous) for Women, Coonoor, for a captivating Scholar Talk on 10 January 2025. Titled "Myths and Modern Heroes: Analysing Rick Riordan's 'Percy Jackson and the Lightning Thief'," the session delved into the fascinating world of mythology and modern heroism. The talk engaged students of the English Department in a thought-provoking discussion, culminating in a fruitful Q&A session that shed new light on Riordan's popular novel.

### **An Introduction to Contemporary Theory**

The Department of English, ACAS, organised a session on "Introduction to Contemporary Theory" for selected students and Research Scholars from Providence College (Autonomous) for Women, Coonoor. Ms. Renjitha K.R., Assistant Professor of English, Head, Department of English, Al Shifa College of Arts and Science, expertly handled the session, providing a comprehensive overview of contemporary theoretical frameworks. The session facilitated a deeper understanding of the subject matter among the participants. Through her engaging presentation, Ms. Renjitha sparked a thought-provoking discussion, enabling the students and Research Scholars to explore the nuances of contemporary theory. The session concluded with a productive Q&A session, leaving the participants enriched and inspired.

## Pre-Aliss Workshop



A pre-ALISS workshop was conducted on 10 January 2025 for selected students and Research Scholars from Providence College for Women (Autonomous), Coonoor. Ms. Renjitha. K. R, Assistant Professor & Head, Dept. of English, ACAS, led the workshop which enabled the targeted audience to work on their research paper. The session aimed to equip students with essential skills and knowledge to prepare them for upcoming seminars and academic challenges. The workshop emphasized practical approaches to paper writing, presentation techniques, and research methodologies. Students actively participated, showcasing their enthusiasm and commitment to learning. The workshop was interactive, with discussions, activities, and real-time feedback from the presenter, ensuring maximum engagement and understanding.





## Trekking to Kodikuthimala



A trekking trip to Kodikuthimala, often referred to as the "Ooty of Malappuram", was organised on 11 January 2025. This vibrant expedition was jointly arranged by the Tourism Club and PENMA: The Women Development Cell, ACAS, aiming to foster a deeper connection with nature while promoting responsible tourism practices. A group of 25 Tourism Club members embarked on this adventurous journey, accompanied by Ms. Nasila Jasmin, Asst. Professor of English and Tourism Club Coordinator, and Mr. Irshad. K, Asst. Professor of Arabic. The trip served as an opportunity for the students to explore the serene beauty of Kodikuthimala, develop a travel mindset, and appreciate the importance of sustainable tourism.



## Ms. Sajla Mol Attends FDP

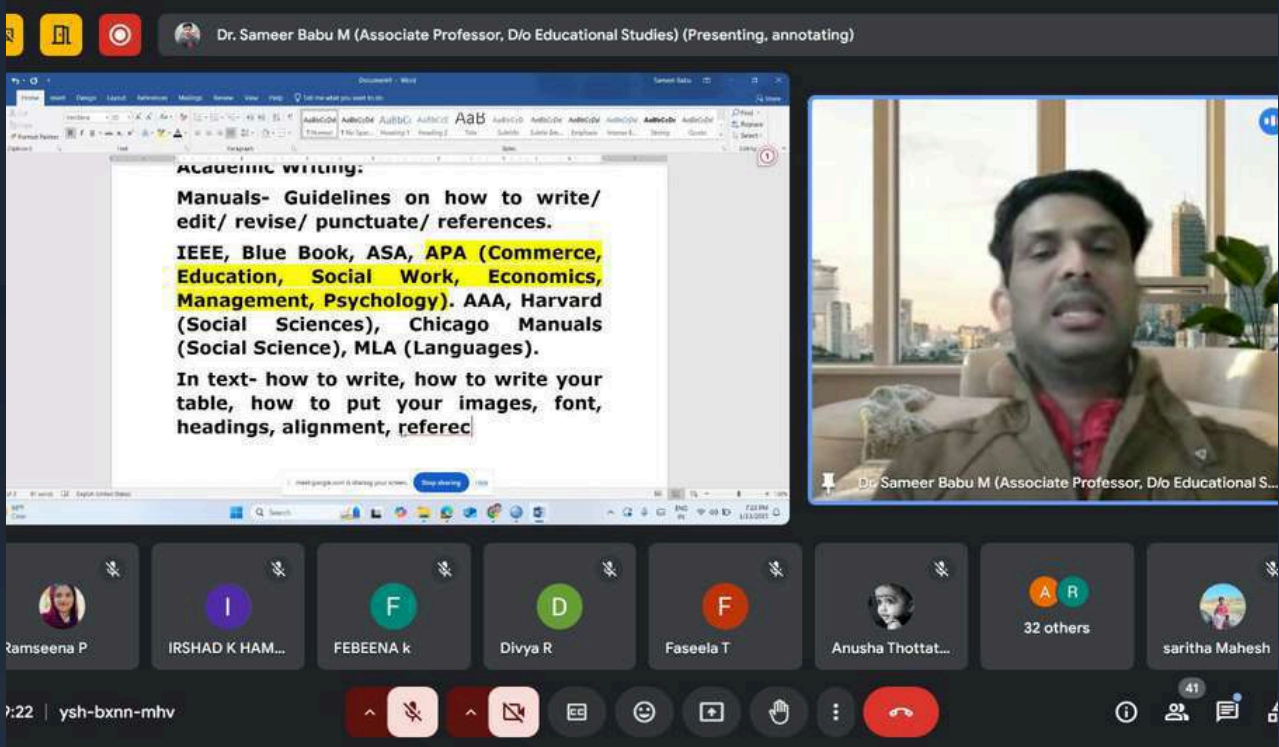


Ms. Sajla Mol, Asst. Professor & Head, Department of Nutrition and Dietetics, ACAS, participated in a one-week national-level online Faculty Development Program on "Outcome-Based Education and Application of Generative AI in Teaching and Research", organised by Govt. College for Women (Autonomous), Guntur, in association with the Commissionerate of Collegiate Education, Andhra Pradesh, and IPSR. The program was held from 2 to 11 January 2025. Ms. Sajla Mol successfully completed all the assessments and secured A grade in the same.

### Pre-Conference Workshop

The Research Promotion Council, as part of the ACAS International Conference on Revolutionizing Higher Education: AI Driven Policies, Practices & Partnerships, organised a Pre-conference Workshop on 13 January 2025 through the Google Meet platform. The workshop focused on the essential skills on "How to Write Academic Papers" and drew participation from researchers, scholars, and students. Expert speaker Dr. Sameer Babu. M, Associate Professor, Dept. of Educational Studies, Jamia Millia Islamia, New Delhi, delivered an engaging and informative session, sharing valuable insights and practical tips on academic writing. The workshop covered key aspects of academic paper writing, including structuring and referencing. Participants actively engaged with the speaker, and the workshop achieved its objective of enhancing the academic writing skills of participants.

## Pre-Conference Workshop



The screenshot shows a Google Meet interface. At the top, the host is identified as "Dr. Sameer Babu M (Associate Professor, D/o Educational Studies) (Presenting, annotating)". The main content is a Microsoft Word document titled "Academic writing:" with the following text: "Manuals- Guidelines on how to write/ edit/ revise/ punctuate/ references. IEEE, Blue Book, ASA, APA (Commerce, Education, Social Work, Economics, Management, Psychology). AAA, Harvard (Social Sciences), Chicago Manuals (Social Science), MLA (Languages). In text- how to write, how to write your table, how to put your images, font, headings, alignment, referec". A video feed of Dr. Sameer Babu M is visible on the right. The bottom of the screen shows a grid of participant avatars, including Ramseena P, IRSHAD K HAM..., FEBEENA k, Divya R, Faseela T, Anusha Thottat..., 32 others, and saritha Mahesh. The bottom right corner shows a red phone icon and a 41 notification badge.

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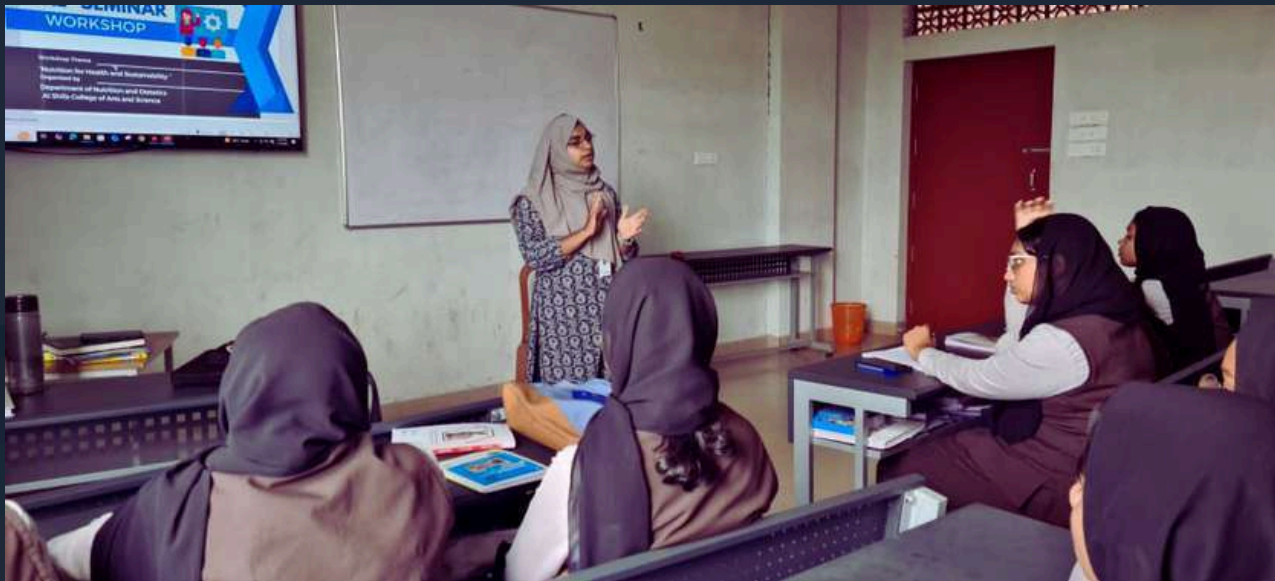
## Financial Literacy for Women



PENMA, The Women Development Cell of ACAS organised a session on Financial Literacy for female students on 14 January 2025. The session, led by Mr. A. Mahadevan, Professor and Principal of Thangavel Women's Arts and Science College, Salem, Tamil Nadu, aimed to empower the students with essential financial knowledge. This program was supported by Aditya Birla Capital Foundation and the National Institute of Securities Markets. The program saw active participation of 30 students.



## Pre-Seminar Workshop by Nutrition & Dietetics Department



A pre-seminar workshop was offered by Ms. Sajla Mol. P. K, Asst. Professor and Head of the Dept. of Nutrition and Dietetics, on 15 January 2024. The session was organised as a preparatory event for ALISS 2024-'25, the annual international student seminar conducted by ACAS. The workshop was attended by the students of Second Semester B. Sc. Nutrition and Dietetics. The theme of the seminar, "Nutrition for Health and Sustainability," was introduced and discussed in detail. The workshop aimed to equip students with essential insights and guidance to actively participate and present a paper at the seminar. This initiative reflects the department's commitment to fostering academic excellence and promoting awareness of contemporary issues in nutrition and health.



## Observance of Palliative Care Day



The National Service Scheme (NSS), and SIP, ACAS, in collaboration with Melattur Pain and Palliative Clinic, observed Palliative Care Day on 15 January 2025 at Melattur town. The event aimed to raise awareness about palliative care and contribute to the noble cause of supporting individuals in need. The volunteers participated in a message rally to disseminate information about palliative care and its significance in enhancing the quality of life for individuals with serious illnesses. The rally, adorned with placards and banners, traversed through Melattur town, effectively reaching out to the local community. To support the activities of Melattur Pain and Palliative Clinic, the NSS volunteers actively engaged in a fund collection drive. They approached local businesses, residents, and community members, explaining the importance of palliative care and seeking their generous contributions.



## Project Guidance Workshop for CS Students

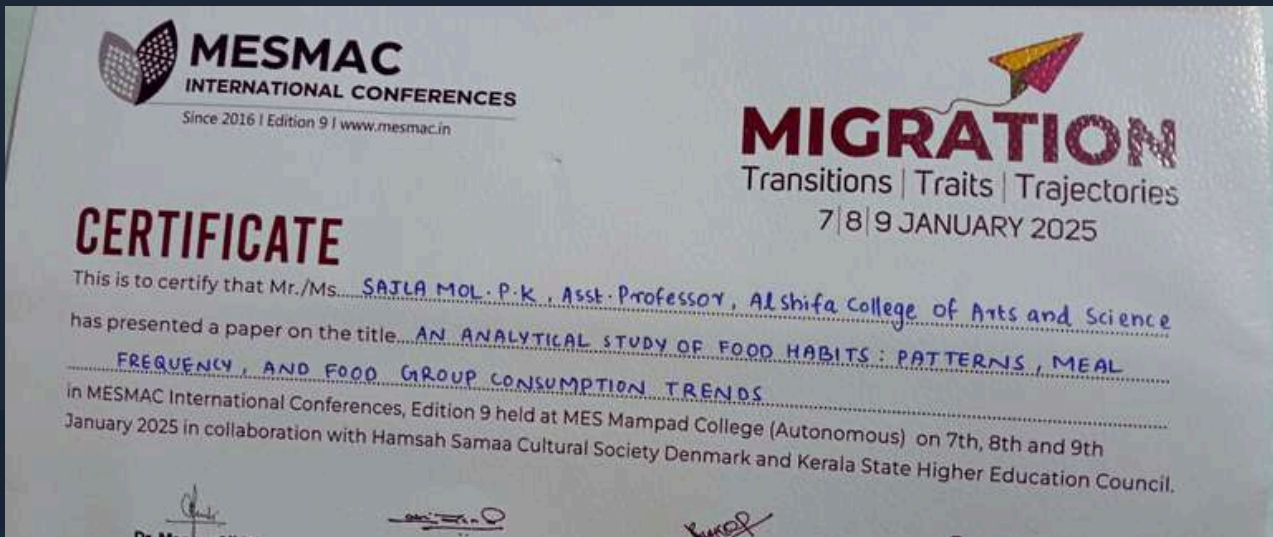


The Department of Computer Science, ACAS, organised a Project Orientation Session for Fourth Semester BCA students on 16 January 2025, with 19 students in attendance. The session was conducted by Mr. Mohammed Shameer K, Director of SINET Education and Software, Programmer & Architect. Mr. Shameer provided valuable guidance on project selection, planning, and execution, addressing students' queries effectively. The session was highly beneficial and well-received by all participants.

Reported by Mr. **Mohammed Shinan. K**  
Fourth Semester BCA



## Paper Presentation by Ms. Sajla Mol



Ms. Sajla Mol, Asst. Professor & Head, Dept. of Nutrition & Dietetics, ACAS,, presented a paper titled "An Analytical Study of Food Habits: Patterns, Meal Frequency, and Food Group Consumption Trends" at the 9th Edition of the MESMAC International Conferences. The conference was held on 8th January 2025, hosted by MES Mampad College (Autonomous) in collaboration with the Hamsah Samaa Cultural Society, Denmark, and the Kerala State Higher Education Council.

## IEDC in Action



The Institution's Innovation and Entrepreneurship Development Cell (IEDC) at Al Shifa College of Pharmacy proudly honored the shortlisted team for the Hackathon Grand Finale on 24 January 2025. The event celebrated the innovative ideas and dedication of the IEDC members who demonstrated exceptional creativity and problem-solving skills to secure their place in the prestigious Hackathon Grand Finale. Mr. Farhan. V. M, Head & Asst. Professor of Computer Science and Ms. Nasila Jasmin, Asst. Professor of English, Nodal Officers of IEDC, ACAS, participated in the session. Dr. P. Unneen, Managing Trustee, Shifa Medicare Trust, Mr. Pilakkal Hamza, Chief Executive, Mr. Nahas Abdul Rassaque, Manager, Relations and Placement, Mr. Adil were all present to honour the heroes.



## Palliative Care Training for Volunteers



The National Service Scheme (NSS) and the Students Initiative in Palliative (SIP), ACAS, successfully organised a comprehensive training programme on palliative care on 16 January 2025. The event was conducted in collaboration with the Family Health Care Centre, Keezhattur Grama Panchayat. The initiative aimed to sensitise and equip volunteers with essential knowledge and skills in palliative care to address the needs of terminally ill patients in the community. The programme commenced with an inaugural speech, where Ms. Jameela Chaliyathodi, President of Keezhattur Grama Panchayat, officially inaugurated the event. Ms. Bindu Vadakethil, Chairperson of the Health Standing Committee, Keezhattur Grama Panchayat, presided over the programme. The training session was led by Mr. Faisal, District Coordinator of National Palliative Care. He provided an in-depth overview of palliative care principles, emphasizing empathy, communication, and holistic care for patients. Mr. Faisal also conducted interactive sessions, allowing participants to address their queries and gain practical insights into caregiving. The event began with a warm welcome address by Mr. Shameel, Health Inspector at the Family Health Centre, who highlighted the collaborative efforts of various stakeholders in organizing the programme. The training concluded with a solemn pledge taken by the volunteers in observance of Palliative Care Day.



## Completion of Disaster Management Course

The Department of Physical Education and NSS jointly organised a course on Disaster Management under Skill India and the Ministry of Skill Development and Entrepreneurship, Government of India. This course was an 8-day programme conducted continuously in the last week of November. A total of 76 students attended the course, and 64 of our students qualified in this examination, and certificates will be issued by the Central Government authority this week. The program included both theoretical and practical sessions. Mr. Vibin Das. C. P, Head of the Department of Physical Education, and Mr. Irshad. K, Head of the Department of Arabic and NSS Coordinator, served as the trainers for this event. Both trainers have obtained licenses in disaster management. Starting November 2024, they will be eligible to participate in any rescue operations anywhere in India without prior permission. Al Shifa College of Arts and Science has been recognised as a center for disaster management studies. The students who cleared the exam will receive certificates issued by Skill India under the Government of India, along with disaster management equipment.



## Visit to the University of Calicut



The Dept. of English, ACAS, organized an educational visit to the University of Calicut on 16 January 2025. The students actively engaged with the vibrant campus and participated in various activities, including games hosted by departments such as Chemistry, Physical Science, Mathematics, Statistics, and English. The visit allowed students to explore the campus environment and take part in the "Sasthrayan" event, a celebration of science and knowledge. Additionally, in collaboration with the Library Council, they visited the renowned C.H. Muhammed Koya Library, gaining insights into its extensive resources and facilities. The visit concluded with an insightful interaction at the English Department of the University of Calicut, leaving students inspired and motivated for their academic journey.

Reported by **Ms. Fathima Afna. T**  
Fourth Semester B. A. English



## Academic Visit by ED Club



The Entrepreneurship Development Club, ACAS, organized an Academic cum Industry Visit to the University of Calicut on 18th January 2025. The primary objective of the visit was to participate in the "Sasthayan" program organized by the university, which provided students with an opportunity to engage in academic discussions and gain valuable insights into various aspects of education. The students also explored various departments and facilities at the university, which broadened their understanding of the academic environment. The visit was further enhanced by attending the 'Police Dog Show' organized by the Kerala Police Department, offering a unique learning experience about dogs specialized in detecting narcotics and bombs.

Reported by **Mr. Salmanul Faris Poozhithara**  
Second Semester B. Com. C. A



## COFE Programme Completed



The COFE Programme (College Fitness Education Programme) offered by the Dept. of Physical Education, University of Calicut, was conducted by the Dept. of Physical Education, ACAS for the UG batch of 2022-25. A total of 51 students from different departments participated and attended both theory and practical sessions.



## ACAS International Conference



The ACAS International Conference on Revolutionizing Higher Education: AI Driven Policies, Practices & Partnerships, commenced on 21 January 2025. Dr. Kamaludheen. K. T, Principal, ACAS, extended a warm welcome to the attendees, followed by a note of blessing from Dr. P Unneen, Managing Trustee of Shifa Medical Trust. The program was officially inaugurated by Mr. Prof. Dr. Joey. M. Dela Cruz from Abra State Institute of Sciences and Technology, Philippines. Felicitation addresses were given by Mr. Pilakkal Hamza , Chief Executive, Shifa Medicare Trust, Dr. Sameer Babu. M, Ms. Quazi Ferdoushi Islam, Associate Professors, Department of Educational Studies, Jamia Millia Islamia, New Delhi, Ms. Saritha. K, Vice Principal, ACAS, Ms. Radhika. A, Asst. Professor of English and Staff Secretary, ACAS, and Mr. Muhammed Rashid. V, Chairman, Students' Union, ACAS.

### **Antique Exhibition for Delegates**

An antique exhibition was curated by Mr. Ramsheed Nilambur, offering a glimpse into historical artifacts. The session saw insightful keynote addresses by Prof. (Dr.) Joey. M. Dela Cruz and Dr. Quazi Ferdoushi Islam. The session then moved into a series of paper presentations, moderated and chaired by Dr. Sameer Babu. M and Ms. Saritha. K. The presentations reflected cutting-edge research and innovative approaches to education. Certificates were distributed to the presenters, marking the end of the day's sessions.



## Highlights of the Second Day



The second day of the ACAS International Conference on "Revolutionizing Higher Education: AI-Driven Policies, Practices, and Partnerships" took place on 22 January 2025. The conference began at 10:00 AM with a keynote session by Prof. Junise. V, Vice Principal of Al Shifa College of Pharmacy, followed by a second keynote address delivered by Dr. Sameer Babu .M, Associate Professor in the Department of Educational Studies at Jamia Millia Islamia, New Delhi. The program also featured three online keynote sessions by distinguished speakers: Dr. Johannes Cronje from Cape Peninsula University of Technology, South Africa and Dr. Ansari Abdul Azeez from Leeds Trinity University, UK. The final keynote speech was delivered by Dr. Kamaludheen K. T, Principal of Al Shifa College of Arts and Science. The paper presentation sessions were chaired by Dr. Prasanth, Head and Asst. Professor of Economics, Ms. Febina.K, Asst. Professor of Malayalam, Ms. Renjitha. K. R, Head and Asst. Professor of English, and Dr. Kanak Sharma, Asst. Professor in the Dept. of Education, Central University of Rajasthan, who participated online. Certificates were distributed to the participants after the presentations.





## Cultural Programs Held as Part of ACAS International Conference



The evening transformed into a vibrant showcase of cultural events that elevated the atmosphere with performances including Thiruvathira, Oppana, Songs by Sarangi, the Music Band of ACAS, Folk Songs, Mutti Pattu, Mridangam, and a Ghazal. The performances received high praise from the chief guests. Tokens of appreciation and mementos were presented to the keynote speakers and dignitaries. Lantern, the College magazine of ACAS was released by Ms. Quazi Ferdoushi Islam. Mr. Niranjan Manazhi Second Semester B. Com. Finance was awarded a memento in appreciation of his exceptional skills in Mridangam and for him winning first prize in the C-zone Calicut university held in EMEA college Kondotty.

Reported by **Mr. Amalshad Basheer**  
Fourth Semester B. Com. Finance

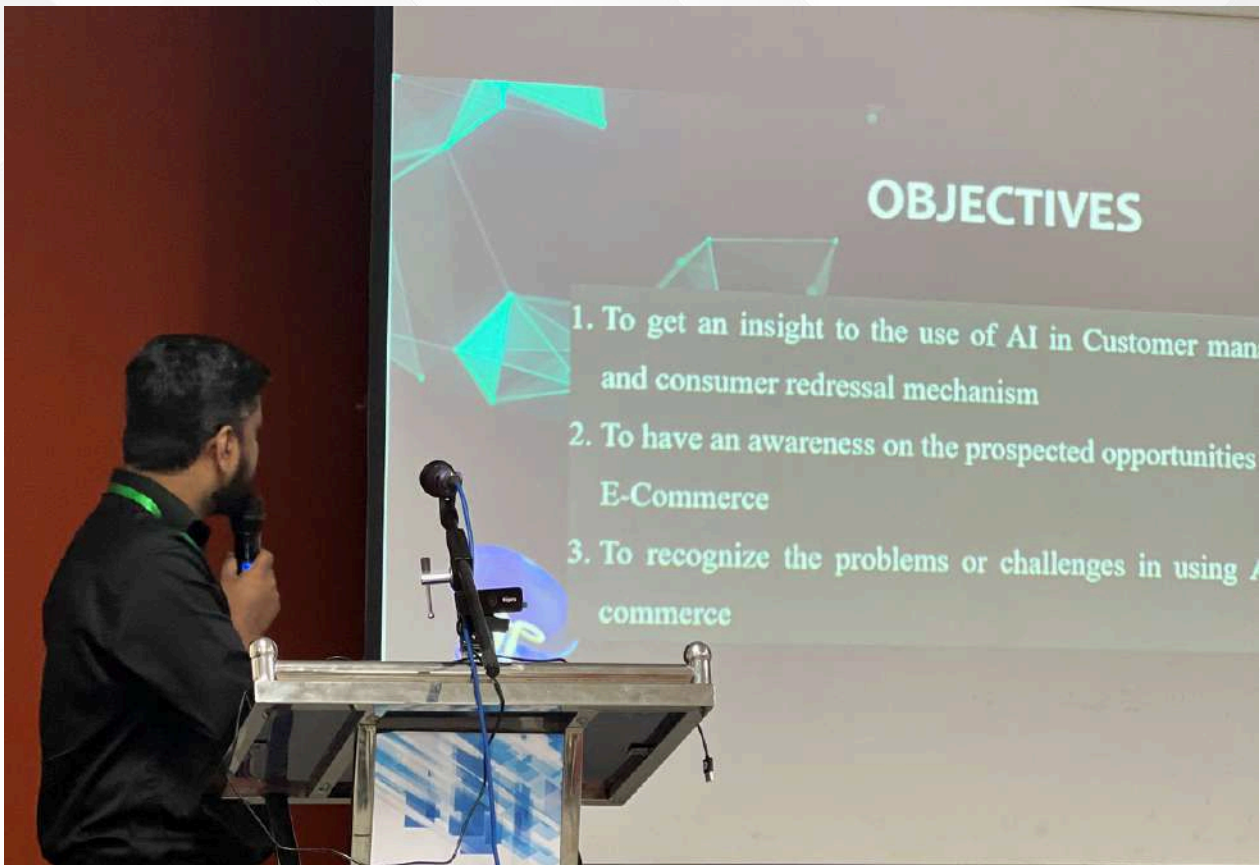


## Highlights of the Third Day



The third and Final Day of ACAS International Conference, on 23 January 2025, concluded on a high note, with a series of engaging paper presentation sessions and a grand valediction ceremony. Paper presentation sessions were chaired by Dr. Quazi Ferdoushi Islam and Dr. Sameer Babu. M, Ms. Mini. V. K and Ms. Jushaini. P. These sessions provided a platform for researchers to share their work and engage in meaningful discussions. Keynote speeches by Prof. (DDDr.) Crisanto. E. Avila, De La Salle University, Philippines, and Dr. R. Vivekananthasara, The Open University of Sri Lanka and Dr. Erwin Rahayu Saputra, Lecturer & Researcher, Universitas Pendidikan, Indonesia, enhanced the conference by offering groundbreaking insights into the latest educational strategies and innovative research.

The valediction ceremony was graced by the presence of distinguished guests, including Prof. (Dr.) Joey. M. Dela Cruz, Dr. Sameer Babu, Dr. Quazi Ferdoushi Islam, Mr. Pilakkal Hamza, and Mr. Nahas Abdul Razzaque. The guests handed over certificates to paper presenters, as well as to Ms. Adithya. S, Convenor, and Ms. Ramseena. P, Coordinator of the programme. Ms. Rasheeda R. V, Ms. Arya Soman, and Ms. Rejani Nair from the University of Kerala received the Best Paper Award, which was the highlight of the valediction ceremony. This award recognized outstanding research and scholarship. A total of 57 papers were presented in the conference. The successful conclusion of the 3-day International Conference marked a significant milestone, fostering academic collaboration, knowledge sharing, and networking among researchers and scholars.







## New Dining Hall Inaugurated at IMALP School Aanappamkuzhi



As part of its commitment to community development and education, the Shifa Medicare Trust sponsored a new dining hall at I.M.A.L.P. School, Aanappamkuzhi. Dr. P. Unneen, Managing Trustee of the Trust, officially inaugurated the dining hall, emphasizing the role of collaboration in improving educational facilities. Key figures like Mr. Pilakkal Hamza, Chief Executive of Shifa Medicare Trust, Ms. Jameela Chaliyathodi, President of Keezhattur Grama Panchayat, Mr. Azeez Chulli, Manager of I.M.A.L.P. School, Mr. Sakkeer Hussain, Assistant Educational Officer, Sub District, Melatur, C. Chandran, Ward Member of Keezhattur Grama Panchayat, Mr. Nisamudheen, Manager of Shifa Medicare Trust and Mr. Irshad. K, Asst. Professor of Arabic and NSS Programme Officer, attended the event. The project, part of a community initiative by NSS at Al Shifa College of Arts and Science, was presided over by Mr. Prasad, President of the PTA. In her welcome address, Headmistress Ms. Suhara expressed gratitude to all contributors, highlighting the dining hall's importance for student welfare. The event showcased the success of community-driven efforts.





## Women Health and Hygiene



PENMA, the Women Development Cell (WDC), ACAS, in collaboration with KIMS Al Shifa Hospital, observed National Girl Child Day on 24 January 2025, by organizing a session on women's health and hygiene for the female students. The session, handled by Dr. Sajitha. P.S, Consultant, Obstetrics and Gynaecology at KIMS Al Shifa Hospital, aimed to educate and empower the students. The programme was inaugurated by Dr. Kamaludheen. K. T, Principal, ACAS. The session saw active participation of female students attending and gaining valuable insights on women's health and hygiene. Following the session, a health check-up for the students was held by Dr. Aysha Nazna. P. V, DNB Resident, Obstetrics & Gynaecology, KIMS Al Shifa Hospital.

Reported by **Ms. Rasha Fathim. V**  
Second Semester B. Sc. Psychology



## Ms. Jushaini. P Presents Paper at Seminar

Ms. Jushaini. P, Asst. Professor, Dept. of English, ACAS, participated in a two-day International Seminar on "Resonance and Dissonance: Exploring the Intersection of Literature, Music, and Culture" organized by Catholic College, Pathanamthitta, in association with MG University. The seminar was held on 23 & 24 January 2025. Ms. Jushaini P. presented a paper titled "Resonating Wilderness: Environmental Soundscapes in Walden and The Wild Places" and actively contributed to the academic discussions.

## Routine Meeting of Mentors and Mentees



The mentor-mentee meeting for January 2025 was organised by the ACAS Student Mentorship Cell on 7 January 2025. The primary agenda of the meeting was to analyse the First Semester results and provide guidance to students for improving their academic performance.



## Observance of 76th Republic Day



The National Service Scheme (NSS) Unit, ACAS, celebrated the 76th Republic Day of India with great enthusiasm and patriotic fervour in the college campus. The programme commenced with the hoisting of the National Flag by Ms. Saritha. K, Vice Principal, ACAS, who delivered an inspiring Republic Day message, emphasizing the importance of unity, diversity, and the responsibilities of citizens in building a strong and inclusive nation. Mr. Irshad. K, Asst. Professor of Arabic and NSS Programme Officer, spoke about the significance of the Republic Day in Indian history and commended the active participation of the NSS volunteers in organizing the event and their dedication to social service and nation-building. Ms. Mufeeda, Second Semester B. A. English, read the preamble of the Constitution, reinforcing the core values of justice, liberty, equality, and fraternity among the participants. The NSS unit reaffirmed its commitment to upholding the values enshrined in the Constitution and working towards the betterment of society.



## Ms. Fathima Dilna Wins National Kickboxing Championship

Fathima Dilna Shifa from Second Semester B. Sc. Nutrition and Dietetics represented the Kerala team in the WAKO India Kickboxing Championship held in Goa from 19 to 22 January 2024, in the 48-kilogram weight category (Junior Girls). The competition, organized by the Goa Kickboxing Association, saw her participate in the full-contact kickboxing event, where she secured a gold medal in her category. This marks the first time in ACAS history that a student has won a gold medal at the national level in the junior category.

## Bronze in Inter-Zone Kickboxing Championship

The Calicut University Intercollegiate Kickboxing Women's Championship was held at MES Kalladi College, Mannarkkad, on 27 January 2024. Fathima Dilna Shifa, Second Semester Nutrition and Dietetics, ACAS, participated in the Low Kick event under the 48 kilogram weight category. She earned a Bronze medal in this category. She is the first student in ACAS history to win a Calicut University medal in the senior category.



## Economy versus Environment: Interactions and Instruments



The Dept. of Economics, ACAS, in collaboration with the Green Club and Scholar Mentor Programme, conducted an Invited Talk Session titled "Economy versus Environment: Interactions and Instruments" by Dr. Pramod. K. M, Principal-in-charge and Head, Dept. of Economics at Ambedkar College of Arts and Science, Wandoor. The session covered all aspects of economics and their relationship with the environment.



## Cyber Quiz for Students



The Cyber Club, in collaboration with the Dept. of Computer Science, successfully conducted a Cyber Quiz Competition on 27 January 2025. The event aimed to raise awareness about cyber security and digital safety among students from all departments in an engaging manner. The quiz covered topics such as online safety practices, cybercrimes, fraud prevention, and general knowledge about digital technologies, ensuring inclusivity for students of diverse academic backgrounds. Mr. Shefin. P. V and Ms. Sanha. P. V, Second Semester BCA, emerged as winners. Mr. Abdul Hashim. E, Second Semester B. Com. Finance and Ms. Haneena, Second Semester BCA, were awarded the second and third prizes respectively. The participants received certificates, and the competition held provided them with valuable insights into cyber security and a deep sense of accomplishment.

Reported by **Ms. Shada Febin**  
Second Semester BCA



## Cultural Expedition to Poonthaanam Illam



A group of 35 students from ACAS embarked on a cultural expedition to Poonthaanam Illam, a historical landmark in Kerala on 27 January 2025. The event was meticulously organized by the Tourism Club in collaboration with the Thani Malayalam Club, Spiritual Club, and PENMA: WDC. The students, accompanied by faculty coordinators from each participating club, were treated to a guided tour of the illam, interactive sessions, and immersive experiences. These activities provided valuable insights into Kerala's rich cultural heritage, including its history, architecture, and traditions. The event not only broadened the cultural horizons but also forged lasting memories and a deeper appreciation for Kerala's cultural legacy among the students.

Reported by Ms. **Haya Shamsudheen**  
Second Semester B. Sc. Nutrition and Dietetics



## Interaction with Hackathon Participants



Amina Mohiudeen, Fathimath Muhsina, Fathima Rana, Fathima Hiba, Fathimath Zahra, and Hana Nasreen, students of Al Shifa College of Pharmacy, shared their experiences participating in the Smart India Hackathon 2024 at KITS University, Ghaziabad, representing the IEDC wing of Al Shifa College of Pharmacy on 28 January 2025. The session was inaugurated by Dr. Kamaludheen. K. T, Principal, ACAS, and felicitated by Prof. Junise. V, Vice Principal, Al Shifa College of Pharmacy. Mr. Farhan. V. M, Head and Asst. Professor of Computer Science, presided over the session. The students, accompanied by their mentor Mr. Sujith Unnikrishnan, Asst. Professor of Pharmaceutical Analysis, enthusiastically shared their journey from conceptualization to execution. The gathering served as a testament to the college's commitment to fostering innovation and excellence among its students.





## Interview with Prof. (Dr.) Joey. M. Dela Cruz



The Interact Club, ACAS and the College Magazine Committee organized an insightful interview with Prof. (Dr.) Joey. M. Dela Cruz on 22 January 2025. The session was led by magazine editors Ms. Jushaini. P, Asst. Professor of English and Mr. Nimesh. N, Asst. Professor of Maths, accompanied by students Mr. Amal Jaz, Ms. Gadha Balu, Ms. Shehima. K, Mr. Fizan Faisal, and Ms. Nafeesathul Misriya. The conversation was both inspiring and educational, providing the students with valuable lessons and fresh perspectives. The session fostered thoughtful discussions and meaningful knowledge-sharing, making it a truly memorable and impactful experience.

Reported by Mr. **Amal Jaz. P**  
Fourth Semester B. A. English



## NutriNourish Club in Action



The NutriNourish Club of the Department of Nutrition and Dietetics organised a workshop on Sugar Cookery on 29 January 2025 at the Nutrition and Dietetics Laboratory, ACAS. This workshop was exclusively conducted for the students of Nutrition and Dietetics to enhance their practical knowledge of sugar-based confectionery. During the session, students learned about the various stages of sugar cookery, gaining hands-on experience in preparing a range of confectionery items. The workshop featured the preparation of Besan Chakki, Fondant, Fudge, Marshmallow, Sesame Candies, and Butterscotch. This initiative provided students with valuable insights into the science behind sugar cookery, reinforcing their understanding of temperature control, crystallization, and texture modification techniques essential for confectionery preparation.

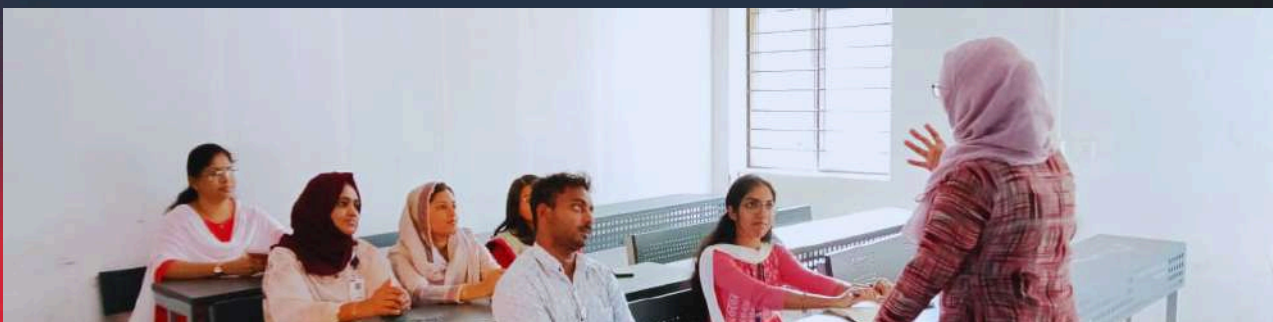
Reported by Ms. **Shamna. C. K**  
Second Semester B. Sc. Nutrition and Dietetics

## Invited Talk by Ms. Renjitha



Ms. Renjitha. K. R, Asst. Professor and Head, Dept. of English, delivered an Invited Talk at IKTM Arts and Science College, Cherukulamba, on 30 January 2025. She participated in the inaugural event of the English Association at the college and handled a session on ‘Communication Essentials and Interview Techniques’. She spoke on the soft skills and essential strategy to tackle professional challenges to the benefit of the undergraduate students of the college.

## Research Forum



A Research Forum was organized by the Departments of English and Languages on 29 January 2025. Ms. Febeena. K, Assistant Professor from the Department of Malayalam, delivered an insightful review of the article “Adukkalayil Thilachu Vevunnathu” from the essay collection Pennu Kothiya Vaakkukal by S. Sharadakutty, which offers profound literary criticism and cultural commentary. The session concluded with a productive and engaging discussion among the Research Forum members on issues such as culture, gender, and discrimination.

## Use of Library in the Era of AI



The Library Council in collaboration with the Interact Club of ACAS, organised an interactive session on "Use of Library in the Era of AI" in the Central Library on 22 January 2025. Eminent scholars including Prof. (Dr.) Joey M. Dela Cruz from Abra State Institute of Sciences and Technology, Philippines, Dr. Quazi Ferdoushi Islam from Jamia Millia Islamia, New Delhi, Dr. Sameer Babu. M, and Mr. Muhammed Muzahir Alam, Senior Producer, India Today, engaged with a group of six students, sharing valuable insights on effective reading methods and the significance of libraries in the digital age. The session aimed to encourage students to develop a reading habit and harness the resources available to them. The event was a resounding success, with students expressing gratitude for the enriching experience.



## Pre-Aliss Workshop by the Dept. of English



The Department of English, in connection with the ALISS (Al Shifa International Student Seminar), organised a Pre-Seminar Workshop on the theme "Reimagining Identities" at Panakkad Pookoya Thangal Memorial Arts and Science College, Cherur on 29 January 2025. Ms. Nasila Jasmin and Ms. Radhika. A, Assistant Professors of English, ACAS, handled the session. A group of fifty students consisting of both PG and UG, of the PPTM College attended the session. Ms. Nasila Jasmin handled a session to help them identify a research topic by introducing all the sub-themes. Ms. Radhika. A complemented it with Research Methodology. The workshop was highly interactive and received positive feedback from the participants. The session concluded at 4:30 pm, providing a valuable learning experience and preparing them to write Research papers.

Reported by Ms. **Hiba Hanan. M**  
Fourth Semester B. A. Functional English



## Patient-Provider Interaction



The NutriNourish Club, in collaboration with the MindLance Club, organised a role play on the theme "Patient-Provider Interaction" as part of the minor course Health Psychology offered by the Department of Nutrition and Dietetics. The role play was performed by Ms. Shibila. V and Ms. Dilruba. K, students of the Sixth Semester B. Sc. Psychology programme. They effectively enacted the roles of a patient and a counselor, demonstrating essential aspects of counselor communication, including verbal and non-verbal communication skills. Their performance provided valuable insights into the significance of effective counseling techniques in patient-provider interactions. The event highlighted the importance of communication skills in healthcare settings and served as a practical learning experience for the students.

Reported by Ms. **Febinsha Fahim. C**  
Sixth Semester B. Sc. Psychology



## English Association Activities



The English Department Association hosted a vibrant event aimed at improving the language skills of the students on 31 January 2025. The gathering brought together students and faculty members of the department, fostering a sense of community and camaraderie. The event featured an engaging language game conducted by Ms. Masharifa, Second Semester B. A. English. The game sparked enthusiasm among the participants, who actively engaged in the activity with zest. The session also witnessed a range of other interesting activities that kept the audience captivated throughout. The event served as a platform for students to showcase their linguistic skills, creativity, and teamwork. The English Department Association's initiative aimed to promote a culture of linguistic exploration, fun, and learning among its members.

Reported by Ms. **Fathima Rifna. T. P**  
Fourth Semester B. A. English

## Cleaning Drive by NSS



The National Service Scheme (NSS) unit of ACAS, in collaboration with Keezhattur Grama Panchayath, organised a cleaning drive, "Swachhata Hi Seva", on 30 January 2025, at SH 73, Aakkaparamb. Ms. Jameela Chaliyathodi, President of Keezhattur Grama Panchayath inaugurated the event, which was attended by several dignitaries. Participants, including volunteers from the NSS and local community members, actively engaged in the cleaning activities at SH 73, contributing to the cleanliness of the area and community improvement. The collective effort enhanced the aesthetic appeal of the area along with fostering a sense of community ownership and responsibility towards environmental sustainability. The initiative was a step towards promoting environmental awareness and ensuring public spaces remain clean and safe for all. The event successfully concluded with participants committing to further efforts in maintaining cleanliness and continuing to serve the community

Reported by **Ms. Gadha Balu**  
Fourth Semester B. Sc. Psychology





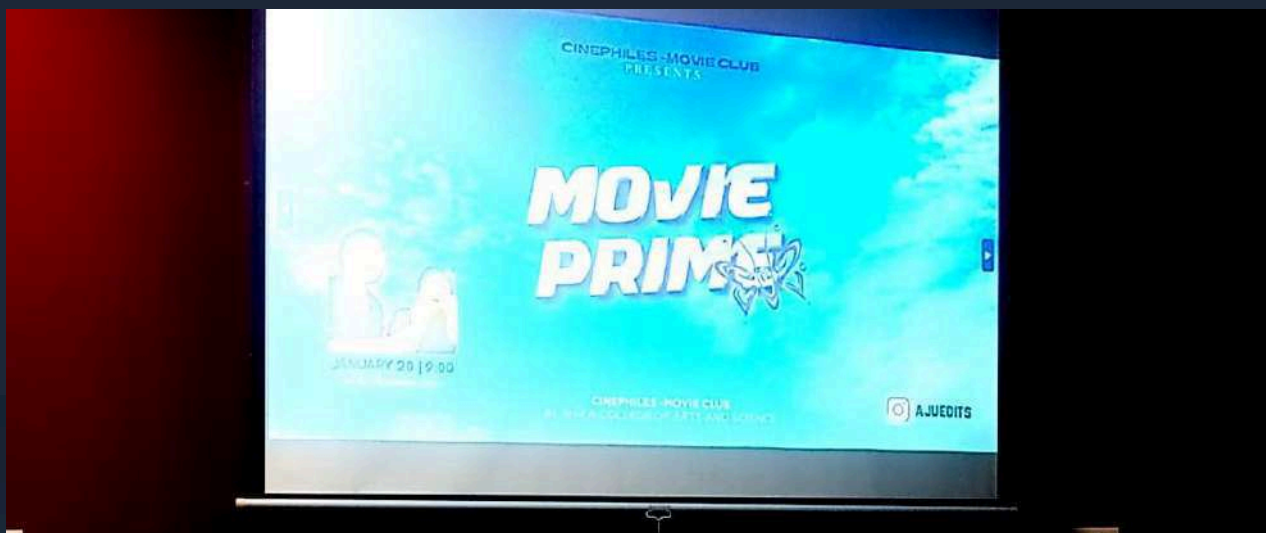
## Industry Visit: A Day of Learning and Exploration



The BBA Second Semester students embarked on an industry visit to Kerala State Coir Machine Manufacturing Company Limited, Alappuzha on 30 January 2025. 27 students of the class along with faculty members participated in the visit, which provided valuable insights into the functioning of the coir industry. Students were introduced to the manufacturing process of coir machines, including fiber extraction, spinning, and automation techniques. The company officials explained the role of technology and mechanization in enhancing productivity and efficiency in the coir industry. Following the factory visit, students proceeded to the Coir Museum, where they explored the history and evolution of coir production in Kerala. The museum featured live demonstrations of traditional coir-making techniques and displayed a variety of coir-based products, offering a deeper understanding of the industry's heritage and economic significance. The visit served as an educational and interactive experience, allowing students to bridge the gap between theoretical knowledge and practical industry exposure.

Reported by Mr. **Mohammed Fizan Faizal**  
Second Semester BBA

## Film Show by ACAS Movie Club



The Movie Club, ACAS, organised a Movie Premiere on 17 and 20 January 2025. The event was conducted in two sessions and there was enthusiastic participation from the students. The premiere featured two popular films: the critically acclaimed Malayalam movie Premam and the re-released Hindi film Yeh Jawaani Hai Deewani. The event fostered a lively atmosphere, with students actively engaging in discussions about the films' themes, performances, and direction. The audience's enthusiastic response highlighted the success of the initiative.

The Movie Club aims to continue hosting similar events to promote film appreciation and cultural engagement among students.

Reported by Mr. **Amal Jaz. P**  
Fourth Semester B. A. English



## Release of College Magazine



The annual college magazine 'Lantern 2023-'24' was officially released by Ms. Nisa Azeezi, the famous Ghazal and Qawwali singer, on 22 January 2025, at ACAS. Centered around the theme 'survival', the magazine showcases the resilience and creative spirit of our students, featuring poems, stories, articles, and reflections alongside a comprehensive record of the past year's events and achievements. During the event, Ms. Febeena. K, Asst. Professor of Malayalam and Staff Editor, shared her journey in curating the magazine, highlighting the collective effort behind its creation. The event was followed by a mesmerising Ghazal and Qawwali performance by Ms. Nisa Azeezi, adding a soulful touch to the celebration. The program provided a platform for students to celebrate their literary and artistic talents while experiencing the depth of classical music traditions. The event received an overwhelming response from students and faculty, reinforcing the cultural and intellectual vibrancy of the institution.



## C-Zone Victory for Niranjn in Mridangam



ACAS acknowledges Mr. Niranjn Manazhi's outstanding achievement as an example of the institution's efforts to nurture holistic development in its students. Mr. Niranjn Manazhi, Second Semester B. Com. Finance, ACAS, secured the First Prize at the C-Zone Mridangam competition held at EMEA College, Kondotty, on 21 January 2025. This outstanding achievement showcases his exceptional talent, dedication, and hard work. His achievement is a testament to his passion and commitment to the art of Mridangam.

## Star of the Month



ACAS celebrates the success and capability among our students with the title 'Star of the Month'. Unique skills of students in arts, sports, music, videography, editing and more are appreciated here. The Star of January 2025 is Mr. Mohammad Ajan. K. M, Fourth Semester B. Com. Finance, for his commendable contributions to the Media Wing at ACAS in editing videos. He involves in designing posters and editing the videos of all sorts of programmes in the college.

## Ms. Nasila Wins Blog Prize



FaBlo!, the blogging space of the ACAS faculty features the thoughts and creativity of the group. The best blog from each month is celebrated and the writer is given the title 'Blogger of the Month'. Faculty blogs shortlisted for the prize in the month of January 2025 are "Danger of a Single Story" by Ms. Nasila Jasmin, Asst. Professor of English, ACAS, and Porukkuka Enna Daivikatha! by Ms. Saritha. K, Vice Principal & Asst. Professor of English, ACAS. The title is won by Ms. Nasila Jasmin.



## Danger of a Single Story

There is danger in listening to single story. There is danger in trying to make the single story the only story. We are living in a 4D universe but still we just try to understand things in just 2D, not trying to know what is happening on the other side. Chimamanda Ngozi Adichie's TED Talk titled The Danger of a Single Story explores the risks of minimizing people, cultures and countries to a single narrative. She discusses how some icons are being stereotyped when only one version of someone's life or background, leading to misconceptions and incomplete understandings, is being highlighted. She asks the acceptance of multiple stories by understanding the multitudes of perspectives in and around a particular idea or fact. She uses her own experiences to highlight how she was both shaped by and challenged the single stories told about her society and her country.

When Adichie discussed a socio-political scenario, the danger lies in single story is happening in our everyday life. Blindly believing the misguided single opinion and shaping our visions only based on that will give us a different outlook, most often a falsified one. Never judge a person only on the basis of someone else's perspectives or opinions. If we really want to know a person, just talk to that particular person, listen to what the person has to say, clarify your viewpoints, discuss the contradictory elements and make it one to one. "Show a people as one thing, as only one thing, over and over again, and that is what they become." "So that is how to create a single story," Adichie says.

Understanding the real danger behind the single story is a life lesson. We sometimes build an image of a particular idea as the blind people in the old story went to see the elephant. The deal is in the details collected firsthand. It's all about how we perceive things on our own and not being blindly biased by external viewpoints. Understand every dimension, bring out a clear picture of everything happening around.

"Any man is liable to err, only a fool persists in error"- Marcus Tullius Cicero.

(Title courtesy: Chimamanda Ngozi Adichie)

### **Nasila Jasmin**

Assistant Professor of English  
Al Shifa College of Arts and Science, Kizhattoor  
Perinthalmanna



## പൊറുക്കുക എന്ന ദൈവികത!

ഉച്ചതിരിഞ്ഞുള്ള ഫിസിക്കൽ ക്ലാസ്. ഏറെ ഭയത്തോടെയും ബഹുമാനത്തോടെയും നോക്കി കണ്ട ഒരു ഫിസിക്കൽ അധ്യാപിക. അവരുടെ ക്ലാസിന് ഒരു കുറ്റവും പറയാനില്ല. വ്യക്തമായി പാഠഭാഗങ്ങൾ ചൊല്ലി തരുന്നത് കൊണ്ട് തന്നെ ഏവർക്കും പ്രിയങ്കരി ആയിരുന്നു അവർ. തലേന്ന് പഠിപ്പിച്ച പാഠഭാഗങ്ങൾ കൃത്യമായി പഠിച്ചു എന്ന് ഉറപ്പുവരുത്തുക അവർക്ക് നിർബന്ധമായിരുന്നു. ക്ലാസിൽ സംസാരിച്ചാൽ അപ്പം ഒരു ചോദ്യം! അതായിരുന്നു അവരുടെ രീതി. അതുകൊണ്ടുതന്നെ ശ്യാസം പോലും ഇടാതെയാണ് വിദ്യാർത്ഥികൾ ആ ക്ലാസ്സിൽ ഇരിക്കാറ്. എട്ടാം ക്ലാസിൽ പഠിക്കുന്ന ഒരു വിദ്യാർത്ഥിയുടെ മനസ്സ് എത്ര നിഷ്കളങ്കം ആയിരിക്കുമെന്ന് നമുക്ക് ഊഹിക്കാം. അന്ന് അധ്യാപിക ക്ലാസിലേക്ക് കൊണ്ടുവന്ന വിഷയം കോൺകേവ് ആൻഡ് കോൺവെക്സ് ലെൻസ് ആയിരുന്നു. കണ്ണിന്റെ ഘടനയും കണ്ണിലൂടെ പ്രകാശം കടക്കുമ്പോൾ എന്താണ് സംഭവിക്കുന്നത് എന്നും പറഞ്ഞു കൊണ്ടാണ് ആ പാഠം ആരംഭിച്ചത്. അങ്ങനെ പറഞ്ഞു വന്ന് എത്തി നിന്നത് കണ്ണിന്റെ അല്ലെങ്കിൽ കാഴ്ചയുടെ വിലയെ പറ്റിയായിരുന്നു.

ഉയരം കൂടിയ വിദ്യാർത്ഥികളുടെ കൂട്ടത്തിൽപ്പെട്ടത് ആയതുകൊണ്ട് പിറകിലെ ബെഞ്ചിലായിരുന്നു എൻറെ സ്ഥാനം. 60 കുട്ടികൾ ഇരിക്കുന്ന ആ ക്ലാസ്സിൽ എന്നെ എടുത്തു കാണാൻ ആർക്കും വലിയ ബുദ്ധിമുട്ടൊന്നും ഉണ്ടായിരുന്നില്ല. ഈ അധ്യാപികക്കും. അത്രയും കുട്ടികൾ ഇരിക്കെ അവർ എൻറെ പേര് എടുത്തു വിളിച്ചു ചോദിച്ചു, “ സരിത, അമ്മ മരിച്ചപ്പോൾ അറിഞ്ഞില്ലേ അമ്മയുടെ വില? അതേപോലെയാണ് കണ്ണ്”. അവർ അവസാനിപ്പിച്ചു. കുറച്ചുനേരത്തേക്ക് ആ ക്ലാസ് റൂമിൽ 60 കുട്ടികളുടെയും ഹൃദയം മിടുപ്പ് മാത്രം നിറഞ്ഞു നിന്നു.

മിക്കവരുടെയും മനസ്സിൽ മായാതെ ഉണങ്ങാതെ കിടക്കുന്ന ഇത്തരത്തിലുള്ള മുറിവുകൾ സാധാരണമാണ്. ഒരുപക്ഷേ ആ അധ്യാപിക പശ്ചാത്തപിച്ചു കാണും. അവരുടെ പ്രായവും പ്രവർത്തിപരിചയവും കണക്കിലെടുക്കുമ്പോൾ പക്ഷ്യതയുടെ അഭാവം കൊണ്ടായിരിക്കാം അത്തരത്തിൽ ഒരു ഉദാഹരണം അവർ ആ ക്ലാസ്സിനോട് പങ്കുവെച്ചത്.

കുറച്ചു ദിവസങ്ങൾക്കു മുൻപ് ഒരുമിച്ച് സഞ്ചരിക്കുമ്പോഴാണ് എൻറെ ഒരു വിദ്യാർത്ഥി അവൾക്കുണ്ടായ മറക്കാൻ പറ്റാത്ത ഇത്തരം ചില അനുഭവങ്ങൾ പങ്കുവെച്ചത്. അത് കേട്ടപ്പോൾ അവളെ ആശ്വസിപ്പിച്ചത് ഇങ്ങനെയാണിത്. കുറേ വർഷങ്ങൾ കഴിഞ്ഞ് ആ അധ്യാപിക കഴിഞ്ഞുപോയ തൻറെ അധ്യാപന ജീവിതം വിലയിരുത്തുമ്പോൾ അവർക്ക് ഒരുപക്ഷേ കുറ്റബോധം തോന്നിയേക്കാം. ഇപ്രകാരം അവളുടെ മനസ്സിൽ ഉണ്ടാക്കിയ അധ്യാപികയെ ന്യായീകരിക്കുമ്പോഴൊക്കെയും എനിക്ക് . തിരിച്ചറിയാൻ കഴിഞ്ഞു. ഞാൻ എന്നെ തന്നെ ന്യായീകരിക്കുകയാണ് എന്ന്!

അധ്യാപക ദിനത്തിൽ നാം പലപ്പോഴും നമ്മെ മറന്ന് സന്തോഷിക്കാറുണ്ട്. വിദ്യാർത്ഥികൾ കൊണ്ട് തരുന്ന സമ്മാനങ്ങളിലും ആഘോഷങ്ങളിലും നല്ല വാക്കുകളിലും എല്ലാം നമ്മൾ മുഴുകി പോയിട്ടുണ്ട്. എന്നാൽ കഴിഞ്ഞുപോയ അധ്യാപന ജീവിതത്തിൽ ഞാൻ മൂലം വേദനിച്ച് എത്ര വിദ്യാർത്ഥികൾ ഉണ്ടാകും എന്ന് ഒന്ന് തിരിഞ്ഞു നോക്കി. തീർച്ചയായും കുറച്ചു മുഖങ്ങൾ മനസ്സിൽ പതഞ്ഞു വന്നു. ഇന്ന് പഴയ കുട്ടുകാരെയും പരിചയക്കാരെയും വിദ്യാർത്ഥികളെയും ഒന്നും ബന്ധപ്പെടാൻ ഒട്ടും ബുദ്ധിമുട്ടില്ല.

ഏതായാലും മനസ്സിൽ വന്ന ആ കുറച്ച് മുഖങ്ങളെ തിരഞ്ഞ് കണ്ടുപിടിക്കാൻ തന്നെ തീരുമാനിച്ചു. ഫോൺ നമ്പർ സംഘടിപ്പിച്ചു. വാട്സപ്പിൽ ഒരു വോയിസ് മെസ്സേജ് അയച്ചു. അന്ന് അങ്ങനെയൊക്കെ എൻറെ ഭാഗത്തുനിന്നും ഉണ്ടായതിൽ ഞാൻ ഇന്ന് വിഷമിക്കുന്നു എന്നും അവരുടെ കുറച്ചു ദിവസങ്ങളോ ചിലപ്പോൾ കുറച്ചു വർഷങ്ങളോ ഞാൻ മൂലം നഷ്ടമായിപ്പോയി എന്നുണ്ടെങ്കിൽ ക്ഷമിക്കാനും പറഞ്ഞു. ഇന്ന് അമ്മമാർ ആയിട്ടുള്ള ആ കുട്ടികൾ എന്നെ ആശ്ചര്യപ്പെടുത്തി എന്ന് വേണം പറയാൻ. അവർ പറഞ്ഞ മറുപടി 'അതൊക്കെ ഞങ്ങൾ എന്നേ മറന്നു കഴിഞ്ഞിരുന്നു മിസ്സ്' എന്നായിരുന്നു.

അപ്പോളാണ് ആ തിരിച്ചറിവ് ഉണ്ടായത്. കുട്ടികൾ നമ്മളിൽ നിന്നും പഠിക്കുന്ന പാഠഭാഗങ്ങളേക്കാൾ അവരാണ് നമുക്ക് പാഠങ്ങൾ ചൊല്ലി തരുന്നത് എന്ന്. പൊറുക്കുക എന്ന ദൈവികമായ ഒരു മൂല്യം ആണ് ആ വിദ്യാർത്ഥികളിൽ നിന്നും എനിക്ക് പഠിക്കാൻ കഴിഞ്ഞത്.

വർഷങ്ങൾക്കു മുൻപ് എൻറെ സുഹൃത്തുക്കളുടെ ഇടയിൽ എഴുന്നേൽപ്പിച്ചു നിർത്തി എൻറെ മരിച്ചുപോയ അമ്മയെ ഉദാഹരണം ആക്കിയ ആ അധ്യാപികയോട് ഞാൻ പൊറുക്കണം എന്ന് പഠിപ്പിച്ചത് എൻറെ വിദ്യാർത്ഥികളാണ്. ഒരുപക്ഷേ ആ അധ്യാപിക ഇന്ന് ജീവിച്ചിരിപ്പുണ്ടെങ്കിൽ എന്നെ ഓർമ്മയുണ്ടെങ്കിൽ ആ സാഹചര്യം ഓർക്കുന്നുണ്ടെങ്കിൽ എൻറെ ഫോൺ നമ്പർ കിട്ടിയിരുന്നെങ്കിൽ എന്ന് ആശിച്ചു പോകുന്നുണ്ടെങ്കിലോ?

ഇന്ന് മനുഷ്യബന്ധം വളരെ ശിഥിലമാണ്. നിസ്സാരമായ കാര്യങ്ങളുടെ പേരിൽ ചൊല്ലി കലഹിക്കുകയും വർഷങ്ങളോളം തമ്മിൽ മിണ്ടാതെ നടക്കുകയും തിരിച്ചറിവില്ലായികയുടെ പേരിൽ ഉണ്ടായ മുറിവുകൾ മുറിവായി തന്നെ കൊണ്ട് നടക്കുകയും ചെയ്യുന്ന ഈ കാലഘട്ടത്തിൽ പൊറുക്കുക എന്ന ഒറ്റമൂലി ഫലം കണ്ടേക്കാം.

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