



**AL SHIFA COLLEGE OF
ARTS & SCIENCE**
AFFILIATED TO UNIVERSITY OF CALICUT

DEPARTMENT OF PSYCHOLOGY

B.SC. PSYCHOLOGY (REGULAR) PROGRAM OUTCOME

- The Programmes offer insight into the scholarly knowledge in their respective fields, integrating and synthesizing the related norms and ethics in their own fields.
- The Programmes empower students to undertake responsibility either as an individual or as a team member within the interdisciplinary framework and related fields.
- The Programmes are selected to suit the varied dimensions of our society.
- The job prospects ingrained in these courses put the students in good stead and make them employable after the completion of their respective Programme.

PROGRAM SPECIFIC OUTCOME

- Understand the different fields of Psychology
- Acquire basic Theoretical knowledge and practical applications it in different fields
- Learn anatomical and physiological aspects of Human Behaviour
- laboratory experience makes them equipped to use basic psychological Evaluations
- Enhance Critical thinking of students to relate with current needs of the society in the area of mental Health
- Develop scientific mind to apply the theoretical knowledge on different disorders and understand the practical application of Psychotherapeutic management during post graduate levels

- Acquire basic skills to conduct research in Psychology using statistical knowledge
- analyse one's own psycho-social development towards personal, academic, and professional growth.
- Choose a Master's Program in Psychology according to their aptitude and interest.

Course Outcomes

PSY1B01 - BASIC THEMES IN PSYCHOLOGY- I

- To generate interest in Psychology
- To make familiar the basic concept of the field of Psychology with an emphasis on applications of Psychology in everyday life.
- To understand the basics of various theories in Psychology
- To provide basic knowledge about systems and processes like attention, learning and Consciousness.

PSY2B01 - BASIC THEMES IN PSYCHOLOGY- II

- To generate interest in Psychology
- To make familiar the basic concept of the field of Psychology with an emphasis on the applications of Psychology in everyday life
- To understand the basics of various theories in Psychology
- To provide basic knowledge about systems and processes like cognition, memory, motivation and emotion.

PSY3B01 - PSYCHOLOGICAL MEASUREMENT AND TESTING

- To offer foundation on psychological measurement and testing
- To provide the basis of test construction and to build up skills on developing psychometric test

- To familiarize the uses of psychological tests
- To make aware of ethical principals in testing

PSY4B01 – INDIVIDUAL DIFFERENCES

- To provide theoretical knowledge about systems and processes like intelligence and personality
- To understand the history of intelligence and Personality Testing
- To familiarize the student with various types of tests in Psychology

PSY4B02 – EXPERIMENTAL PSYCHOLOGY (PRACTICALS) - I

- To nurture the ability in students to understand himself/herself and other persons.
- To develop the skills of testing and scientific reporting in psychology.
- To familiarize the students to various psychological tests and assessment tools.
- To generate an interest in working of the community with a psychological outlook

PSY5B01 – ABNORMAL PSYCHOLOGY - I

- To enable students to understand the concepts of abnormal behavior
- To develop awareness about different types of anxiety and stress disorders
- To encourage the students to know different therapeutic techniques in management of anxiety and stress disorders.

PSY5B02 – SOCIAL PSYCHOLOGY

- To enable the student to
- Understand and explain behavior in social settings
- Explain the psychological aspects of various social phenomena
- To create awareness about the management of human behaviour in group settings

PSY5B03 – DEVELOPMENTAL PSYCHOLOGY – I

- To study human development in Psychological Perspectives
- To create awareness about major psychological changes along with physical and cognitive development

PSY5B04 – PSYCHOLOGICAL COUNSELLING

- To acquire theoretical knowledge in the areas of psychological counselling
- To understand the applications of counselling in various settings
- To practice counselling techniques through role plays

PSY5B05 – HEALTH PSYCHOLOGY

- To understand the Psychological, behavioural and cultural factors contributing to physical and mental health
- To study the management of different illnesses

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PSY6B01 – ABNORMAL PSYCHOLOGY - II

- To develop awareness about major psychological disorders
- To acquaint the students with causes of major psychological disorders

PSY6B02 – APPLIED SOCIAL PSYCHOLOGY

- To familiarize the theoretical concept and research methods in applied Psychology.
- To give knowledge about application of Social Psychology in different areas like clinical, Educational, health and media.
- To understand the major social issues in India

PSY6B03 – DEVELOPMENTAL PSYCHOLOGY - II

- To study emotional and social development of life span periods.
- To study the vocational development and adjustments in adulthood.
- To understand the period of late adulthood.

PSY6B04 – LIFE SKILL EDUCATION: APPLICATIONS AND TRAINING.

- To promote life skill education
- To develop abilities for adaptive and positive behavior
- To enhance self-confidence and self-esteem

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COMPLEMENTARY COURSE

HUMAN PHYSIOLOGY

PSY1C01 – HUMAN PHYSIOLOGY

This course familiarizes the student of Psychology with the most essential and fundamental aspects of cell biology and basics of genetics that are essential for

understanding the anatomy and physiology of the nervous system in general and of the CNS that they are to master in the following semesters.

PSY2C01 – HUMAN PHYSIOLOGY

This course imparts extensive information to the Psychology student on the nervous system with special emphasis on the CNS. It also introduces the student to states of brain activities and techniques in neurophysiology

PSY3C01 – HUMAN PHYSIOLOGY

This course familiarizes the student of Psychology with the sensory systems, pathways and perception of various senses. It also introduces the student to the endocrine system.

PSY4C01 – HUMAN PHYSIOLOGY

This course familiarizes the student of Psychology with the most essential and fundamental aspects of physiological processes underlying psychological events like hunger, thirst, sexual behavior and emotion. It also dwells on brain damage and Neuroplasticity.

STATISTICS

STA1C02- DESCRIPTIVE STATISTICS

- To generate interest in Statistics
- To equip the students with the concepts of basic Statistics
- To provide basic knowledge about Statistical methods

STA 2C 02- REGRESSION ANALYSIS AND PROBABILITY THEORY

- To generate interest in Statistics
- To equip the students with the concepts of basic Statistics
- To provide basic knowledge about Statistical methods

STA 3C 02- PROBABILITY DISTRIBUTIONS AND PARAMETRIC TESTS

- To get a general understanding on various probability distributions
- To familiarize the uses of Statistical test.

STA 4C 02- STATISTICAL TECHNIQUES FOR PSYCHOLOGY

- To generate interest in Statistics
- To equip the students with the concepts of basic Statistics
- To provide basic knowledge about Statistical methods

ELECTIVE PAPERS

PSY6B05-01 ORGANIZATIONAL BEHAVIOUR

- To generate interest in Statistics
- To equip the students with the concepts of basic Statistics
- To provide basic knowledge about Statistical methods

PSY6B05-02 PSYCHOLOGY OF CRIMINAL BEHAVIOUR

- To generate interest in Statistics
- To equip the students with the concepts of basic Statistics
- To provide basic knowledge about Statistical methods

PSY6B05-03 POSITIVE PSYCHOLOGY

- To generate interest in Statistics
- To equip the students with the concepts of basic Statistics
- To provide basic knowledge about Statistical methods

PSY6B05-04 EDUCATIONAL PSYCHOLOGY

- To generate interest in Statistics
- To equip the students with the concepts of basic Statistics
- To provide basic knowledge about Statistical methods

PSY6B05-05 COGNITIVE PSYCHOLOGY

- To generate interest in Statistics
- To equip the students with the concepts of basic Statistics
- To provide basic knowledge about Statistical methods